



Coaches Code of Conduct

Be reasonable in your demands on young gymnasts time, energy and enthusiasm.

- ❖ Remember that children participate for fun & enjoyment and that winning is only part of their motivation. Never ridicule children for making mistakes or losing.
- ❖ Ensure that equipment & facilities meet safety standards and are appropriate to the age & ability of gymnasts.
- ❖ The scheduling/length of practice times should take into consideration the maturity level of gymnasts.
- ❖ Develop team respect for the ability of opponents as well as for judgement of officials & opposing coaches.
- ❖ Follow the advice of a physician when determining when an injured gymnast is ready to recommence training.
- ❖ Be aware of the role of the coach as an educator, as well as imparting knowledge and skills, promote desirable personal and social behaviours.
- ❖ Seek to keep abreast of changes in gymnastics; ensure that the information used is up to date, appropriate to the needs of gymnasts and takes account of the principles of growth and development of children.
- ❖ Do your best to allow children to reach their full potential in the sport of gymnastics.
- ❖ Ensure that the time gymnasts spend with you is a positive experience. All young people are deserving of equal attention and opportunities.
- ❖ Do not spend time alone with a child, ensure there are always other children or other adults present.
- ❖ Any physical contact with a young person should be appropriate and necessary for the gymnasts skill development or safety.
- ❖ Raise all concerns, or problems with your manager.
- ❖ Make sure all allegations or suspicions of abuse are recorded and acted upon.
- ❖ Conduct yourself in a manner consistent with your position as a positive role model for children and as a representative of CGA
- ❖ For serious issues concerning a gymnast (such as behaviour / training concerns or team selection) please ensure any discussion with parents is done in a private place.
- ❖ Follow CGA's policies and guidelines around the safety of children as outlined in CGA's Child Wise policy.
- ❖ Respect the rights, dignity and worth of all participants regardless of their gender, ability, culture or religion.